



Lutheran Outdoor Ministries

Summer 2021 GUEST GUIDE

Camp Perkins is committed to protecting the health of all guests, volunteers, and staff by minimizing the risks of infectious disease, including coronavirus.

Guidance

Camp Perkins has consulted with public health professionals who provide direction on how to best provide medical care for all guests and staff at camp. Controlling the spread of infectious disease is their point of emphasis.

Camp Perkins follows the direction of federal, state, and local governmental authorities as we respond to the coronavirus. We regularly update our protocols as directed by the CDC, comply with Idaho State orders, and follow the recommendations of the American Camp Association, regional health departments.

Camp Perkins



Safety Protocols

We are implementing a number of protocols as we move ahead with person-to-person ministry, as we are allowed:

- Anyone not feeling well or at higher risk should stay at home.
- We encourage staff, volunteers, and guests to stop the spread through regular use of hand washing and hand sanitizer, social distancing, and, where indicated and practical, face masks.
- **Currently, local, state and federal mandates which Camp Perkins must follow are all following CDC guidelines regarding masking for vaccinated and unvaccinated individuals**, which state, "Fully vaccinated people can resume activities without wearing a mask or physically distancing". As per the practice of the Federal, Idaho State and Local governments current practice, Camp Perkins will not be requiring vaccine verification from our guests and retreat participants, but rather trusting individuals to make their own choices for their own health and safety and that of the community with the information at hand. Please bear in mind that there may be individuals with higher risk conditions present.
- We regularly, thoroughly clean common spaces and public bathrooms, with special attention to high-contact surfaces.



Health Protocols

- We will screen guests for symptoms upon arrival and ask that you daily screen your group during your time at camp with the below health questionnaire.*
- If any guest, volunteer, or staff exhibits common signs of COVID 19, they will be isolated in their assigned living space or in isolation until they are able to leave camp or we can rule out infectious disease.
- Cleaning and disinfecting protocols will be heightened beyond our typical standards, to help prevent the spread of infectious disease.
- Guests in the Retreat Center rooms are encouraged to disinfect their private bathrooms each day.
- Staff and volunteers will clean and disinfect camp cabins and guest bathrooms between guest groups with EPA-designated products approved to kill coronavirus and other viruses.
- The dining hall will be thoroughly cleaned, and frequent-touch areas disinfected before each meal.

Warning / Disclaimer

The novel coronavirus, COVID-19, is an **extremely contagious** virus that spreads easily through person-to-person contact.

Federal and state authorities recommend social distancing as a means to prevent the spread of the virus.

COVID-19 can lead to severe illness, personal injury, permanent disability, and death. Participating in this organization's programs or accessing our facilities could increase the risk of contracting COVID-19.

This organization in no way warrants that COVID-19 infection will not occur through participation in our programs or accessing our facilities.

Additional Measures

- **Hand Sanitizer** that is rated to kill coronavirus and other viruses will be available in our dining hall. We will also place hand sanitizing stations around camp, especially in high touch areas or where people gather.
- **Hand washing** will be emphasized with all guests and staff, including training on proper time and techniques.
- **As weather permits, Guests are encouraged to eat outdoors.**
- **Social distancing** will be encouraged as much as possible, and **face masks** are recommended by the CDC to be used by unvaccinated individuals when social distancing cannot be maintained, especially indoors.



* **Health Check Questionnaire, including a Temperature check:**

Implemented upon guest arrival at a Camp Perkins and daily during your stay.

In the last 14 days, have you been in close contact with anyone diagnosed with COVID-19 while they were infectious?

Have you been diagnosed or are currently awaiting test results related to a COVID-19 test?

Have you been asked by a public health official or medical provider to isolate yourself?

Are you being monitored by public health officials for a coronavirus exposure or for COVID-19?

If yes to any of the above, you may not travel to or be at camp until you have been released from isolation or completed your monitoring period in your jurisdiction.

Do you have any of these symptoms?*

New cough (meaning a cough you don't usually have from some other condition)

Shortness of breath (can't talk without catching your breath, or your chest feels tight when you take a deep breath)

Fever or feeling feverish

Chills, or repeated shaking with chills

Headache

Sore throat

Change in sense of smell or taste

Muscle aches or body aches

Vomiting or diarrhea

Have you sought medical care for your symptoms? If you have not sought medical care, consult a medical provider.

If yes to any of the symptoms above, please contact the camp office to discern if it is wise to come to camp. If symptoms develop while at camp, you may be isolated until you can leave camp or we can rule out infectious disease.