

Summer Information Packet

Greetings from Camp Perkins!

Thank you for registering for a summer adventure in the Sawtooth Mountains! In this document you will find detailed information about our summer programs and how you can prepare. If you have any questions, feel free to contact our staff.

In Christ,

Signe White, Executive Director

Payment Information:

Please pay your final balance by **June 1**. All final payments or payments along the way can be made by logging into your account at campperkins.org. **If you have a balance due remaining on your account on June 1, it will be charged automatically to your card at that time.**

Required Electronic Forms:

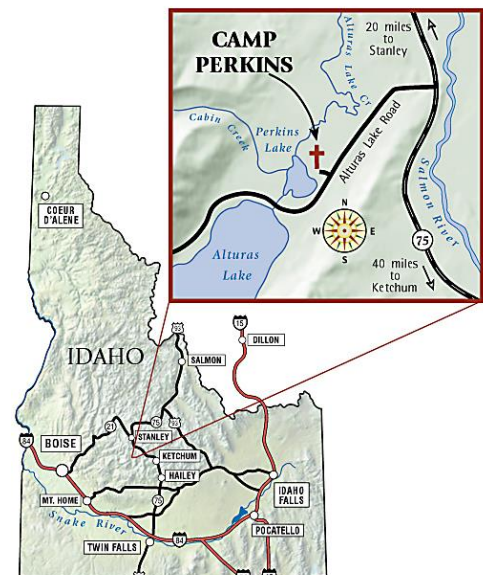
All required forms will be available to fill out electronically through your account at campperkins.org.

**Paper forms are not accepted.*

- Medical History
- Camper Information
- Terms and Conditions

Directions to Camp Perkins:

You can find directions through Google Maps by searching for "Camp Perkins LOM." Camp Perkins is located 40 miles north of Ketchum and 20 miles south of Stanley off ID Hwy 75 on Alturas Creek Road. From the south, drive five minutes north of Smiley Creek Lodge to Alturas Creek Road on the left. From the north, drive 20 minutes south of Stanley and turn right onto Alturas Creek Road. Look for mile marker 168. From both directions, you will see the brown Forest Service signs for Alturas Lake. You will then follow the signs into Camp Perkins.



Check in/On-site Registration:

- If your program begins on a Sunday, registration is from 2:30-4:00pm.
- Pay attention to pre-event emails to let you know if there is any variation from the above times.
- Due to other programs, we are not able to check-in any participants before this time.
- Please do not bring **pets** with you to camp, as they are not permitted on our site.
- All camp payments are due by June 1.
- Upon your arrival, Camp Perkins staff will be present to greet you and direct you to the Parking Lot located near the Retreat Center. Check-in is located on the Retreat Center deck.
 - Please bring with you to the check-in table any medications, vitamins, or topical creams.
 - Please leave your luggage in your car until you have checked in.
- Check In Stations
 - **Greeter and Screener** – Look for the Camp Perkins staff greeting you! Here your camper will receive:
 - Nametag
 - Cabin # and Counselor name
 - Check-In Flyer containing how to connect with camp during the week, how to find photos, and info about devotions and what campers will be learning during the week.
 - **Health Screening** - Each person will be asked health screening questions related to fevers, cough, and known exposure to a positive case of COVID before exiting your vehicle. Please do not come to camp if you are sick (fever, dry cough, vomiting within the last 24-48 hours).
 - **Park your car.** If you have any meds, including any medications, vitamins, or topical creams, bring them with you to the Health Care Check-In table. Please leave your luggage in your car until you have checked in.
 - **Lice Screening** - Per usual, each camper will be screened for lice. We recommend that you check for lice prior to coming up to camp, especially if you know you've had an exposure to lice recently.



- **Health Care**

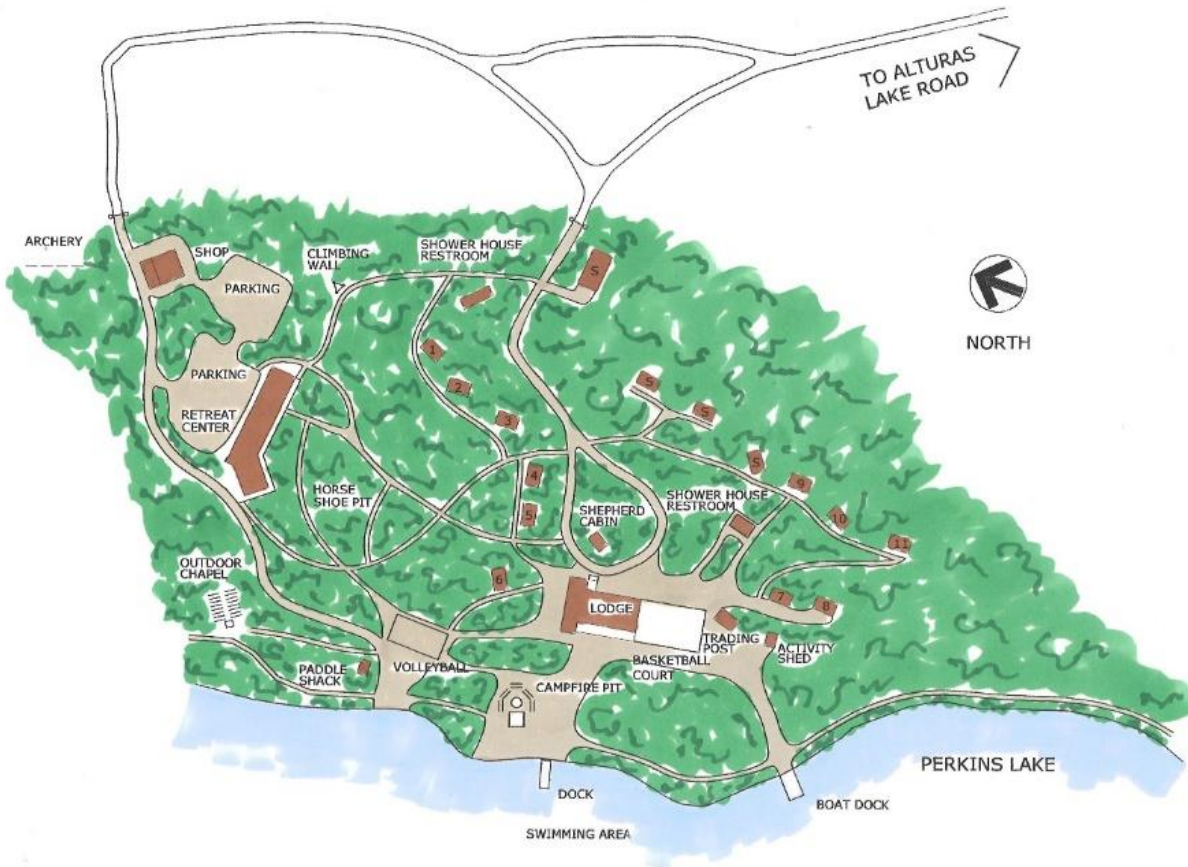
No Meds: Go to Step 6! You can get into the quicker "no meds" process by leaving your over-the-counter meds at home. We have them! OR... better yet, drop them off at check-in as a donation for all. There will be multiple tables, so please follow staff directions.

Meds Line: If you do bring medications, vitamins, or topical creams, including over the counter medications, they must be in their original packaging. If you are not sure if something should be checked in, please bring it to the Health Care table or leave it at home. The Health Care Volunteer or assistant will review the camper's health form.

- **Food Allergies:** Swing by the kitchen on your way to the cabin and introduce your camper to our cook. It is helpful to put a face to the name and to ask any clarifying questions about your child's dietary needs.
- **Cabin** - After you have gone through registration and health care, you can go back to your car to get your things to take to the cabin. There will be volunteers to help you transport luggage. At your cabin, campers will be able to select their bed and meet the cabin counselor. Parents and Guardians must check in their campers with the counselor.
- **Trading Post** - After you have visited your camper's cabin, visit the Trading Post! Here you can pick up your theme T-shirt. You are also welcome buy Camp Perkins souvenirs, apparel, tees for the tie-dying activity, cold drinks, or snacks. If your child brings their own snacks for the week, drop them off at the Trading Post so they can be labelled and set aside.

Campus Map:

CAMP PERKINS LUTHERAN OUTDOOR MINISTRIES



Check out - Pick-up Information:

Friday pick-up is at 11:15 a.m. We invite you to join the camp community at the Outdoor Chapel for our closing celebration and to sign out your camper. We ask that you do not seek out your camper in the cabin areas before the closing celebration, as the campers are in their last Bible Study time. After the closing celebration, we invite you to join us for a lunch in the Lodge. You may make a free-will donation for the meal at the Lodge..

Before you leave, please:

- Sign out your camper with their counselor
- Take home all medications (their counselor will have them on Friday)
- Visit the Trading Post

Please do not bring pets with you to camp as they are not permitted on our site.

Packing List:

The following is a suggested list of what your child should bring to Camp Perkins. Included are some things which are necessary and others which we prefer they leave at home. Some notes on packing:

- Pack everything in one duffel bag and sleeping bag. A dark color pillowcase is best.
- Clothes and equipment do not need to be new; borrow those things you do not have.
- Participants will probably get wet and dirty.
- Temperatures can drop below freezing any time of year.
- Please have all clothing and possessions clearly labeled with first and last name in waterproof ink.

Required:

<input type="checkbox"/> Sleeping bag	<input type="checkbox"/> Undergarments	<input type="checkbox"/> Warm hat/beanie
<input type="checkbox"/> Pillow (<i>recommend a dark color pillowcase</i>)	<input type="checkbox"/> Socks	<input type="checkbox"/> Bible
<input type="checkbox"/> Pants (extras)	<input type="checkbox"/> Shoes (<i>will get muddy</i>)	<input type="checkbox"/> Water Bottle (<i>with campers name on it</i>)
<input type="checkbox"/> Shorts	<input type="checkbox"/> Sandals (<i>securely fastening sandals are best</i>)	<input type="checkbox"/> Pencil
<input type="checkbox"/> Shirts (extras)	<input type="checkbox"/> Shampoo/Conditioner (<i>travel size is best</i>)	<input type="checkbox"/> Flashlight
<input type="checkbox"/> Jacket	<input type="checkbox"/> Toothbrush/paste (<i>travel size is best</i>)	<input type="checkbox"/> Insect Repellent
<input type="checkbox"/> Sweatshirt	<input type="checkbox"/> Chapstick	<input type="checkbox"/> Sunscreen
<input type="checkbox"/> Pajamas	<input type="checkbox"/> Swimsuit	<input type="checkbox"/> Deodorant
<input type="checkbox"/> Towel		
<input type="checkbox"/> Soap		

Pro tips:

- Medicine – keep medicine, topical creams, etc., handy on the outside of the bag since you will have to turn these in at check in
- Hanging toiletry kit – helps them find what they need for that trip to the showerhouse
- Mesh bag - to take shampoo, conditioner, and soap into the shower.

- ___ Flip flops - work great to get to and from the shower and to wear in the shower.
- ___ Mesh laundry bag – so they have a place to put their dirty clothes each night
- ___ Garbage bag – to pack for the trip home. Keep wet things out of their bag and often it doesn't go back in as neatly as it came.
- ___ Roll their clothes to save space. Uber pro tip for younger campers – roll their clothes in an outfit and put in a ziplock labeled for each day – underwear, socks, shirt, all rolled up in their shorts.

Please Do Not Bring:

- Candy, food, or gum
- Cell phones
- Portable electronics
- Cell phones
- Knives/Weapons
- Alcohol/drugs
- Items of intrinsic value (jewelry, etc.)
- Common over the counter medications

Pictures of your camper(s):

If you would like to purchase photos from the week, you can purchase them online or in the [Bunk1 App](#). Our Social Media Camp Assistant will be uploading pictures at the end of the week. You will have the option of buying the entire album or buying individual pictures.

Keeping in touch with your camper:

Letters: It is a great idea to give your child pre-addressed, stamped envelopes or postcards to write home. You can also slip a note in their suitcase so there will be a personalized touch of home right away! You may drop off mail and packages at the registration table for your camper to receive during the week. You may send them mail to the following addresses.

Summer USPS Address

Camper's Name and Cabin #
c/o Camp Perkins
HC 64 Box 9384
Ketchum, ID 83340

Summer UPS/FedEx Address

Camper's Name and Cabin #
c/o Camp Perkins
Alturas Lake Road
Stanley, ID 83278

Emergency Phone Number

Camp Office: (208) 774-3372
Regular office hours are
8:00 am - 5:00pm.

Email: There are email packages available through your account on [Bunk1 App](#) or through your Camp Perkins account, under Connect with Camper.

Social Media:

Visit us on Facebook, follow us, and become a fan today! You can see updates from Camp Perkins, view and share photos, and connect with others from camp! You can also find us on Instagram: @campperkins

Specialty Camp Information & Additional Items to Pack:

Horse Add On:

Campers participating in a horseback riding trip are transported by Camp Perkins staff to Mystic Saddle Ranch. Rides take place at Redfish Lake. Additional required items:

- Closed toed shoes
- Jeans

Raft Add On:

Campers participating in a rafting trip are transported by Camp Perkins staff to White Cloud Rafting Adventures in Stanley. A hot meal is served on the daylong trip down the Salmon River. White Cloud Rafting Adventures provides personal flotation devices (PFDs). Additional required items:

- Non-cotton shirt and socks are recommended
- One-piece swimsuit
- Shorts
- Tennis shoes or river sandals (not flip flops)
- Non-cotton jacket (something that stays warm even when wet) is recommended
- Sunglasses/eyeglasses must be secured
- Towel and jacket for after the trip.

**Please note: When you get wet, cotton clothing makes you colder. Bring as little cotton as possible for rafting.*

Fly Fishing Camp:

Campers in this program will travel with Camp Perkins off-site several times throughout the week. To be prepared, campers may bring personal fishing equipment. We do have rods and reels for rental for \$25.

- Fishing License *(if over 13 yrs of age at the time of camp)*
- Rod
- Reel
- Extra Line
- Waders or sandals
- Flies

Sailing Camp:

Through this program, campers will learn the basics of sailing. Due to the large amount of time spent on the water, the following items are required:

- One-piece swimsuit
- Rash Guard shirt
- High SPF sunscreen
- Hat and Sunglasses
- 2-3 beach towels
- Non-cotton clothes to wear on the water
- Water shoes or sandals to protect the feet

Ridges Wilderness Ministry:

Please see the [Ridges Information Packet](#) that is available on our website through your Camp Perkins account.

Family Programs and Summer Retreats:

Feel free to bring lawn chairs and beach towels for the waterfront.

Camp Perkins Volunteers and Needs List:

- **Work Weekends** -Join us for our work weekends in fall and spring to help prepare the camp for summer and winter!
- **Resource Staff** - We are looking for people to help around camp with maintenance, computers, cooking, and housekeeping. We also have a Spiritual Life Leader, pastor or DCE, and Health Care Volunteer, doctor or nurse, every week. Please visit our website for an application.
- **Amazon** – You can find lots of great ideas of how to support the ministry of Camp Perkins through our [Wishlist on Amazon.com](#), and if you shop through [smile.amazon.com](#), a percentage of your purchase goes directly to Camp Perkins!

Here are a few items that Camp Perkins is always in need of or new items that it would be great to have:

- AA and AAA batteries
- Matches
- Scotch Masking Tape
- Duct Tape
- Sharpie Markers
- Construction Paper
- Scrapbook Paper
- Paper Towels
- Disposable Bowls for Cookouts
- Lanyard/Plastic Lace
- Rubber Bands
- Embroidery Floss
- Fox 40 Whistles