



Lutheran Outdoor Ministries

SUMMER 2020 GUEST GUIDE

Camp Perkins is committed to protecting the health of all guests, volunteers, and staff by minimizing the risks of infectious disease, including coronavirus.

Guidance

Camp Perkins has consulted with public health professionals who provide direction on how to best provide medical care for all guests and staff at camp. Controlling the spread of infectious disease is their point of emphasis.

Camp Perkins strives to follow the direction of federal, state, and local governmental authorities as we respond to the coronavirus. We regularly update our protocols as directed by the CDC, comply with Idaho State orders, and follow the recommendations of the American Camp Association, regional health departments.

CAMP PERKINS



SAFETY PROTOCOLS

We are implementing a number of protocols as we move ahead with person-to-person ministry, as we are allowed:

- Anyone not feeling well or at higher risk should stay at home.
- We encourage staff, volunteers, and guests to stop the spread through regular use of hand washing and hand sanitizer, social distancing, and, where indicated and practical, face masks.
- We strive to plan activities that follow local, state, and federal guidelines
 - including social distancing or wearing face masks. In addition, where these guidelines aren't in place, we minimize contact between participants.
- We identify spaces to meet that allow for social distancing.
- We regularly, thoroughly clean common spaces and public bathrooms, with special attention to high-contact surfaces.
- Any food service is conducted according to latest protocols and guidance.



HEALTH PROTOCOLS

- We will screen guests for symptoms upon arrival and daily during their time at camp with a health questionnaire that includes a temperature check.*
- If any guest, volunteer, or staff exhibits common signs of COVID 19, they will be isolated in their assigned living space or in isolation until they are able to leave camp or we can rule out infectious disease.
- **IMPORTANT:** If a camp guest screens positive, either on temperature or symptoms, everyone in close contact with that person will be re-screened and may possibly have to be isolated and return home.
- Cleaning and disinfecting protocols will be heightened beyond our typical standards, to help prevent the spread of infectious disease.
- Guests in the Retreat Center rooms will be encouraged to disinfect their private bathrooms each day.
- Staff and volunteers will clean and disinfect camp cabins and guest bathrooms between guest groups with EPA-designated products approved to kill coronavirus and other viruses.
- The dining hall will be thoroughly cleaned, and frequent-touch areas disinfected before each meal.

Warning / Disclaimer

The novel coronavirus, COVID-19, is an **extremely contagious** virus that spreads easily through person-to-person contact.

Federal and state authorities recommend social distancing as a means to prevent the spread of the virus.

COVID-19 can lead to severe illness, personal injury, permanent disability, and death. Participating in this organization's programs or accessing our facilities could increase the risk of contracting COVID-19.

This organization in no way warrants that COVID-19 infection will not occur through participation in our programs or accessing our facilities.

ADDITIONAL MEASURES

- **Hand Sanitizer** that is rated to kill coronavirus and other viruses will be available in our dining hall. We will also place hand sanitizing stations around camp, especially in high touch areas or where people gather.
- **Hand washing** will be emphasized with all guests and staff, including training on proper time and techniques.
- **We are changing the way we serve meals** to reduce the chance for one person to spread illness to another. There will be no self-serve buffet meals this summer.
- **Social distancing** will be encouraged as much as possible, and **face masks** are recommended to be used when social distancing cannot be maintained.



*Health Check Questionnaire, including a Temperature check:

Implemented upon guest arrival at a Camp Perkins and daily during your stay.

___ In the last 3 weeks, have you been in close contact with anyone diagnosed with COVID-19 while they were infectious?

___ Have you been asked by a public health official or medical provider to isolate yourself?

___ Are you being monitored by public health officials for a coronavirus exposure or for COVID-19?

If yes to any of the above, you may not travel to or be at camp until you have been released from isolation or completed your monitoring period in your jurisdiction.

Do you have any of these symptoms?*

___ **New cough** (meaning a cough you don't usually have from some other condition)

___ **Shortness of breath** (can't talk without catching your breath, or your chest feels tight when you take a deep breath)

___ **Fever or feeling feverish**

___ **Chills, or repeated shaking with chills**

___ **Headache**

___ **Sore throat**

___ **Change in sense of smell or taste**

___ **Muscle aches or body aches**

___ **Vomiting or diarrhea**

If yes to any of the symptoms above, please contact the camp office to discern if it is wise to come to camp. If symptoms develop while at camp, you may be isolated until you can leave camp or we can rule out infectious disease.

___ **Have you sought medical care for your symptoms?** If you have not sought medical care, consult a medical provider.